## **Pickle2 Settings**

The following information will serve as initial settings for each skill based on a calm day with little to no wind.

ALWAYS SELECT THE FEED SETTING LAST.

- Forehand/backhand return (Pickle2 at the baseline)
  - o Elevation 12
  - o Speed 20
  - Spin Flat to +2 top
  - o Feed 10
- Blocks/Punch Volley (Pickle2 mid transition zone)
  - o Elevation 15
  - o Speed 22
  - Spin Flat to +2 top
  - o Feed 10
- 3<sup>rd</sup> Shot Drop (Pickle2 back 1/3 of transition zone)
  - o Elevation 8
  - o Speed 20
  - Spin Flat to +2 top
  - o Feed 10
- Lobs (Pickle2 mid transition zone)
  - o Elevation 35
  - o Speed 10
  - o Spin Flat
  - o Feed 10
- Dinks (Pickle2 NVZ sideline cross court direction)
  - o Elevation 25
  - Speed Slow
  - Spin Flat to +3 top spin
  - o Feed 10